



WG

RUN 3.0

NIGHT TRAIL

CONQUER THE AGRO TRAIL

14^{HRS}

7^{HRS}

4^{HRS}

+

6KM HAPPY RUN & WALK



Wang Gunung Trail Run



wg_trailrun



12-13 JULY 2025

TAMAN BUAH-BUAHAN KSOTIK, SUNGAI BATU PAHAT,
KANGAR, PERLIS, MALAYSIA



Wang Gunung Trail Run



wg_trailrun

INTRODUCTION

The Putra Trail Running Club is set to host the 3rd edition of the Wang Gunung Night Trail Run, in collaboration with the Perlis State Agriculture Department on the 12th and 13th July 2025 in conjunction with the Visit Perlis Year 2024–2025.

This edition features a 'fixed-time endurance race' format, where participants aim to complete as many loops as possible within a specific time frame. The 3rd edition aims to build on the success of its predecessors and draw more participants both locally and internationally.

The event will take place at the Taman Buah-buahan Eksotik, Sungai Batu Pahat and its surrounding areas and will feature four categories: the 6 km Happy Run & Walk, and endurance races lasting 14 hours, 7 hours and 4 hours.



OBJECTIVE

The objectives of this event are:

- Encourage the community to directly engage in sports tourism and recreational activities at major agro-tourism sites in the State of Perlis.
- Assist in the development of sports and tourism.
- Promote the agro-tourism industry in the State of Perlis, especially around the Sungai Batu Pahat area in conjunction with the Visit Perlis Year 2024-2025.
- Market and establish the Nakawan Range as a premier trail route for trail running and extreme sports enthusiasts in Malaysia and its neighboring countries.
- Promote recreational activities in Wang Gunung and the nearby areas.
- Generate interest and discover new talent in extreme and long-distance running.



WG
RUN 3.0
NIGHT TRAIL
CONQUER THE AGRO TRAIL



REPC

Race Entry Pack Collection

12 JULY 2025 (SATURDAY)

TAMAN BUAH-BUAHAN EKSOTIK, SG BATU PAHAT, PERLIS,
MALAYSIA

ALL CATEGORIES

12.00 p.m. - 6.00 p.m.



+

6.5KM HAPPY RUN & 2.5KM HAPPY WALK

REPRESENTATIVES ARE ONLY ALLOWED FOR THE 4-HOUR, 6.5 KM, AND 2.5 KM CATEGORIES.
THE 14-HOUR AND 7-HOUR CATEGORIES ARE NOT ELIGIBLE.



ATTENTION

DURING REPC, PLEASE ENSURE YOU HAVE THE SIGNED INDEMNITY FORM, MEDICAL STATUS (14 & 7 HOURS),
COPY OF NRIC AND THE MANDATORY ITEMS AS LISTED

RACE ENTRY PACK COLLECTIONS (REPC)

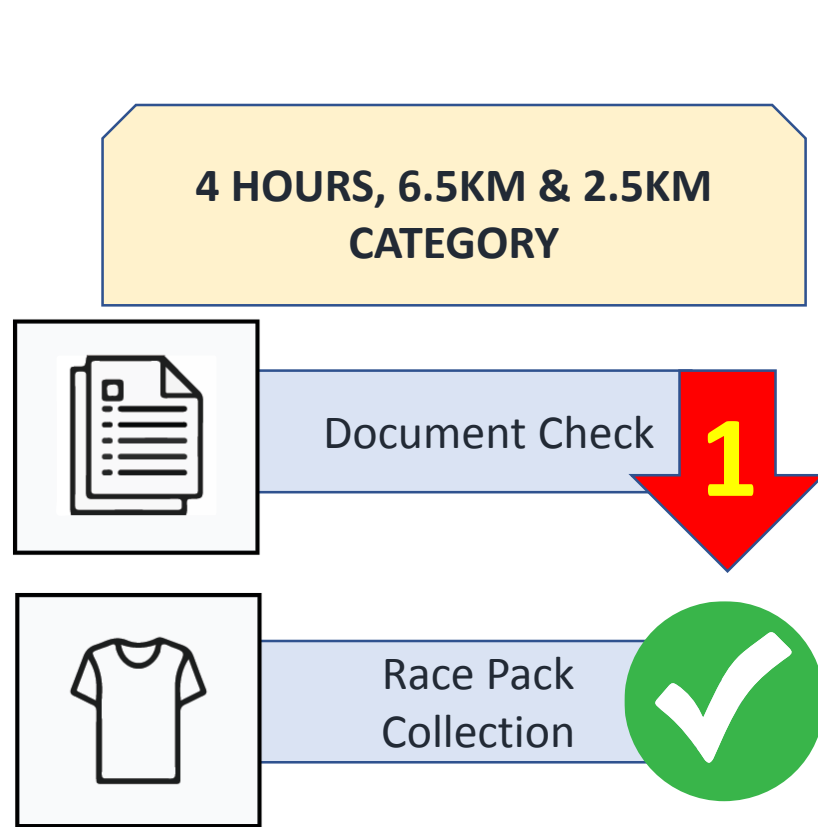
12 July 2025 (Saturday)

Taman Buah-buahan Eksotik, Sg Batu Pahat, Perlis

Time	Activity
12:00 P.M	• Race Pack Collection Be Open • Drop Bag Zone Open • Mandatory Check Open
6:00 P.M	• Race Pack Collection Be Closed • Drop Bag Zone Open Closed • Mandatory Check Open Closed
4 Hours, 6.5KM and 2.5KM Categories Are Allowed For Representatives To Collect Race Kits.	

Note: 14 Hours And 7 Hours Categories Are Not Allowed For Representatives To Collect Race Kits.

RACE ENTRY PACK COLLECTIONS (REPC)



12 JULY 2025 (SATURDAY)

TIME	ACTIVITIES
12:00 p.m.	REPC (RACE ENTRY PACK COLLECTION) OPEN
6:00 p.m.	REPC (RACE ENTRY PACK COLLECTION) CLOSED
8:30 p.m.	STARTING GATE 14 HOURS OPEN
9:00 p.m.	FLAG OFF 14 HOURS
9:30 p.m.	STARTING GATE 14 HOURS CLOSED

MEP21



SALES BOOTH MEP21 & NAKAWAN HERBS

11 JULY 2025
10am - 10pm

12 JULY 2025
10am - 10pm

13 JULY 2025
7am - 2pm

13 JULY 2025 (SUNDAY)

TIME	ACTIVITIES
3:30 a.m.	STARTING GATE 7 HOURS OPEN
4:00 a.m.	FLAG OFF 7 HOURS
4:30 a.m.	STARTING GATE 7 HOURS CLOSED
6:20 a.m.	STARTING GATE 4 HOURS OPEN
6:50 a.m.	FLAG OFF 4 HOURS
7:10 a.m.	STARTING GATE 4 HOURS CLOSED
7:30 a.m.	STARTING GATE 6.5KM OPEN
8:00 a.m.	FLAG OFF 6.5KM
8:10 a.m.	STARTING GATE 6.5KM CLOSED
8:15 a.m.	STARTING GATE 2.5KM HOURS OPEN
8:30 a.m.	FLAG OFF 2.5KM
8:45 a.m.	STARTING GATE 2.5KM CLOSED
9:00 a.m.	PODCAST NAKAWAN HERB'S
10:45 a.m.	LUCKY DRAW OVERALL
11:15 a.m.	PRIZE-GIVING 4 HOURS, 7 HOURS AND 14 HOURS
11:45 a.m.	ROAD CLEARANCE
12:00 p.m.	THE EVENT ENDED

RACE CATEGORY

14 HOURS / 7 HOURS / 4 HOURS	
Category	Age Group
Men's Open	13-39 years old
Men's Senior	40-49 years old
Men's Superb Senior	50 years old & above
Women's Open	13-39 years old
Women's Senior	40-49 years old
Women's Superb Senior	50 years old & above

6.5 KM FUN RUN & WALK	
Category	Age Group
Open to all	7 years old & above

2.5 KM HAPPY FUN WALK	
Category	Age Group
Open to all	7 years old & above

FLAG OFF AND CUT-OFF TIME

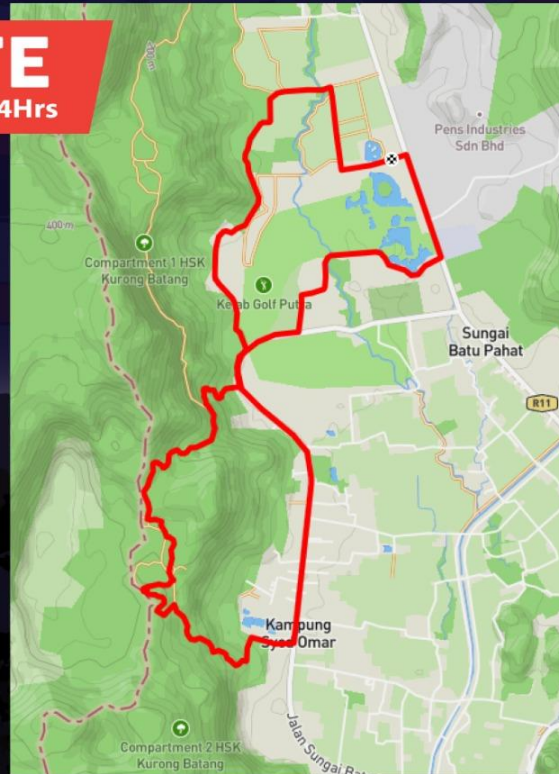
Category	Flag Off	Minimum Loop
14 hours	Saturday, 12 Jul 2025, 9.00 p.m. - 11.00 a.m. (next day)	3 loops
7 hours	Sunday, 13 Jul 2025, 4.00 a.m. - 11.00 a.m.	2 loop
4 hours	Sunday, 13 Jul 2025, 6.50 a.m. - 10.50 a.m.	1 loop
6.5 km	Sunday, 13 Jul 2025, 8.00 a.m. - 10.00 a.m.	-
2.5 km	Sunday, 13 Jul 2025, 8.30 a.m. - 10.00 a.m.	-

Note: Participants Must Complete The Required Minimum Number Of Loops To Receive A Finisher Shirt And Medal.

CONQUER THE AGRO TRAIL

ROUTE

4Hrs, 7Hrs & 14Hrs

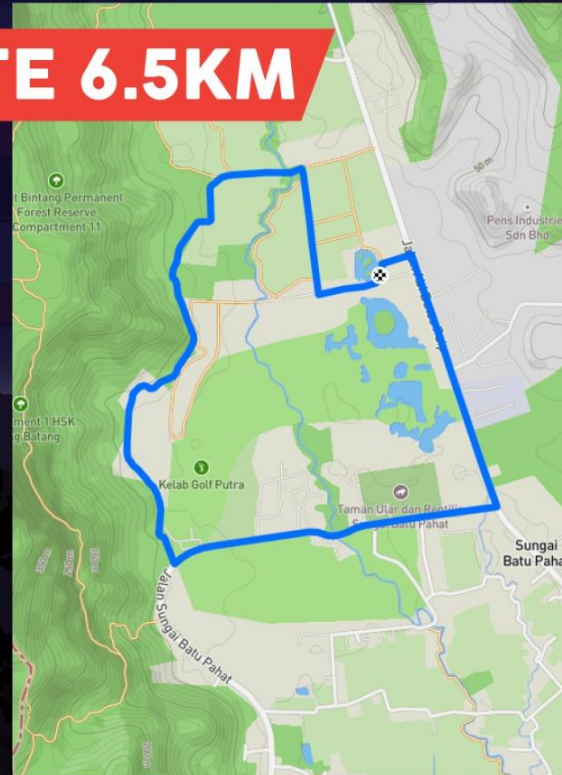


Elevation : ▲ 320m ▼ 319m

SEBARANG PERUBAHAN AKAN MENGIKUT KEADAAN SEMASA

CONQUER THE AGRO TRAIL

ROUTE 6.5KM



SEBARANG PERUBAHAN AKAN MENGIKUT KEADAAN SEMASA

ROUTE 2.5KM



Mandatory Items

By participating in the race, each runner agrees to carry all the mandatory items listed below for their respective race category.

Failure to bring mandatory item will result in disqualification.

All runners will undergo a gear check before the race begins, and random checks may be conducted along the route during the race and at the finish line.



ITEM	14 HOURS	7 HOURS	4 HOURS
Headlamp (Min. 100 Lumens)	✓	✓	✗
Blinker	✓	✓	✗
Basic First Aid	RC	RC	RC
Hydration System (Min. 500 MI)	✓	✓	RC
Emergency Blanket	RC	RC	✗
Whistle	✓	✓	RC
Cup or Bowl	✓	✓	✓
Spare Batteries Or Spare Headlamp	RC	RC	✗
Cap/Buff/Sunglasses	RC	RC	RC
Mobile Phone (Fully Functional)	✓	✓	✓
NRIC Or Passport (Original Or Digital Copy)	✓	✓	✓
Pole	RC	RC	RC

Note: ✓ MANDATORY / (RC) RECOMMENDED / ✗ NOT MANDATORY

MANDATORY ITEMS (14 HOURS)



Headlamp
(min. 100 lumens)



Blinker



Hydration system
(min. 500 ml)



Whistle



Mobile phone
(Fully functional)



Cup or bowl



NRIC or Passport
(Original or digital copy)

RECOMMENDATION ITEMS



Emergency blanket



Basic first aid



Spare batteries or
spare headlamp



Cap/Buf/
sunglasses



Pole



Energy bar

FLAG OFF TIME: 9:00 P.M. (12 JULY 2025)

THE 14 HOUR CATEGORIES ARE NOT ELIGIBLE FOR REPRESENTATIVES.

MANDATORY ITEMS (7 HOURS)



Headlamp
(min. 100 lumens)



Blinker



Hydration system
(min. 500 ml)



Whistle



Mobile phone
(Fully functional)



Cup or bowl



NRIC or Passport
(Original or digital copy)

RECOMMENDATION ITEMS



Emergency blanket



Basic first aid



Spare batteries or
spare headlamp



Cap/Buf/
sunglasses



Pole



Energy bar

FLAG OFF TIME: 4:00 A.M. (13 JULY 2025)

THE 7 HOUR CATEGORIES ARE NOT ELIGIBLE FOR REPRESENTATIVES.

MANDATORY ITEMS (4 HOURS)



Mobile phone
(Fully functional)



Cup or bowl



NRIC or Passport
(Original or digital copy)

THERE IS ONLY ONE CHECKPOINT AT THE START/FINISH, AND 1 CHECKPOINT (WATER STATION) ALONG THE ROUTE, PARTICIPANTS ARE ADVISED TO BRING THEIR OWN WATER BOTTLES.

Hanya terdapat satu checkpoint di permulaan/penamat, dan 1 checkpoint (stesen air) di laluan, peserta dinasihatkan membawa botol air sendiri.

RECOMMENDATION ITEMS



Hydration system
(min. 500 ml)



Whistle



Pole



Basic first aid

FLAG OFF TIME: 6:50 A.M. (13 JULY 2025)

THE 4 HOUR CATEGORIES ARE ELIGIBLE FOR REPRESENTATIVES.

RECOMMENDATION ITEMS (6.5KM)



**Mobile phone
(Fully functional)**



Cup or bowl

FLAG OFF TIME: 8:00 A.M. (13 JULY 2025)

THE 6.5KM CATEGORIES ARE ELIGIBLE FOR REPRESENTATIVES.



RECOMMENDATION ITEMS (2.5KM)



Mobile phone
(Fully functional)



Cup or bowl

FLAG OFF TIME: 8:30 A.M. (13 JULY 2025)

THE 2.5KM CATEGORIES ARE ELIGIBLE FOR REPRESENTATIVES.

