

# **PUTRA**

**PERLISULTRAMARATHON3.0**  
**THE NORTH END MALAYSIA ULTRA MARATHON**

## **RUNNER'S GUIDEBOOK**

**19<sup>th</sup> – 20<sup>th</sup> December 2025**

**100 KM 50 KM 21 KM**

**5 KM Fun Run**



Perlis River Run



putra\_ultramarathon

## RACE FACTS

### RACE INFORMATION

EVENT ORGANISER	<ul style="list-style-type: none"><li>MEP Ventures Sdn. Bhd.</li></ul>
CO-ORGANISER	<ul style="list-style-type: none"><li>Jabatan Perhutanan Negeri Perlis</li></ul>
SANCTIONED	<ul style="list-style-type: none"><li>Malaysia Ultra Running Association (MURA)</li></ul>
WITH COOPERATION	<ul style="list-style-type: none"><li>Polis DiRaja Malaysia (PDRM)</li><li>Jabatan Kesihatan Negeri Perlis (JKN)</li><li>Pejabat Kementerian Pelancongan, Seni dan Budaya Malaysia, Perlis</li><li>Angkatan Pertahanan Awam Negeri Perlis (APM)</li><li>Jabatan Kerja Raya Negeri Perlis (JKR)</li><li>Hospital Tuanku Fauziah (HTF)</li><li>Jabatan Belia dan Sukan (JBS)</li></ul>
VENUE	Eco-Tourism Complex, Bukit Ayer, Perlis, Malaysia
DATES	20 <sup>th</sup> December 2025 Saturday
CATEGORIES	100KM, 50KM, 21KM & 5KM Fun Run

## EVENT DAY SCHEDULE

\*It is recommended that you arrive at the Start Area at least 20 minutes before your flag-off time.

\*If you are not at the Start Area when the gun is fired, you may not be allowed to start.

\*You are NOT ALLOWED to start after 30 minutes from the appointed flag-off time.



## EVENT TENTATIVE

### 19<sup>TH</sup> DECEMBER 2025 (FRIDAY)

BUKIT AYER RESORT, KOMPLEKS EKO PELANCONGAN, SUNGAI BATU PAHAT KANGAR, PERLIS

2:00 P.M. - 8:00 P.M.	<b>RACE PACK COLLECTION (REPC)</b> • DOCUMENT CHECK • DROP BAG PROMOTION BOOTHS
11:00 P.M.	<b>RACE VILLAGE OPEN</b>
11:30 P.M.	<b>100KM STARTING GATE OPEN</b>

### 20<sup>TH</sup> DECEMBER 2025 (SATURDAY)

BUKIT AYER RESORT, KOMPLEKS EKO PELANCONGAN, SUNGAI BATU PAHAT KANGAR, PERLIS

12:05 A.M.	<b>FLAG-OFF 100 KM (COT: 22 HOURS)</b>
12:20 A.M.	<b>STARTING GATE 100KM CLOSE</b>
12:35 A.M.	<b>STARTING GATE 50KM OPEN</b>
1:05 A.M.	<b>FLAG-OFF 50KM (COT: 11 HOURS)</b>
1:20 A.M.	<b>STARTING GATE 50KM CLOSE</b>
1:35 A.M.	<b>STARTING GATE 21KM OPEN</b>
2:05 A.M.	<b>FLAG-OFF 21KM (COT: 4.5 HOURS)</b>
2:20 A.M.	<b>STARTING GATE 21KM CLOSE</b>
6:35 A.M.	<b>COT 21 KM</b>
7:35 A.M.	<b>STARTING GATE 5KM FUN RUN OPEN</b>
8:05 A.M.	<b>FLAG-OFF 5KM FUN RUN (COT: 1.5 HOURS)</b>
8:20 A.M.	<b>STARTING GATE 5KM FUN RUN CLOSE</b>
9:30 A.M.	<b>PERLIS MOUNTAIN DAY 2025 CLOSING CEREMONY</b> <b>PRIZE GIVING CEREMONY - 21KM</b> <b>LUCKY DRAW - 5KM FUN RUN</b>
9:35 A.M.	<b>COT 5KM FUN RUN</b>
12:05 P.M.	<b>COT 50KM</b>
2:00 P.M.	<b>PRIZE GIVING CEREMONY - 50KM</b>
10:05 P.M.	<b>COT 100KM</b>
9:00 P.M.	<b>PRIZE GIVING CEREMONY - 100KM</b>
11:00 P.M.	<b>DISPERSED</b>

## RACE ENTRY PACK COLLECTION

### What you need to bring?

1. Your original NRIC/passport.
2. Printout of your Confirmation Slip and signed by you. Download and print your Confirmation Slip [here](#).
3. Printout of your Indemnity Form and signed by you. Download, fill-up and print your Indemnity Form [here](#).
4. Participants who are under the age of seventeen (17) years old on race day are required to submit a parental consents form. Download, fill-up and print your Parental Consents Form [here](#).
5. Printout of list of mandatory items (for 100 km, 50 km and 21 km) and signed by you. Download, fill-up and print your List of Mandatory Items [here](#).

### Important Notes

1. Strictly **NO CHANGES** in event tee size will be allowed.
2. **NO EARLY OR LATE COLLECTION** than the appointed time will be entertained including before flag-off on the day of the event.
3. Participants in the 100 km, 50 km and 21 km categories are required to collect their individual race pack in person. Representatives are **NOT ALLOWED**.
4. Race Kit not collected after the last collection date will be deemed as unwanted, and the Organiser may dispose or re-distribute them accordingly.
5. The participant for 100 km, 50 km and 21 km must bring the mandatory items as listed under 'Mandatory Items' section.
6. Bib number will **NOT BE GIVEN** in the race pack for **DNS PARTICIPANTS' REPRESENTATIVES EVEN** the participants himself/herself. He/she can collect his/her own bib number by post or self-collect 2 weeks after the event. Download, fill-up and print your DNS form [here](#).

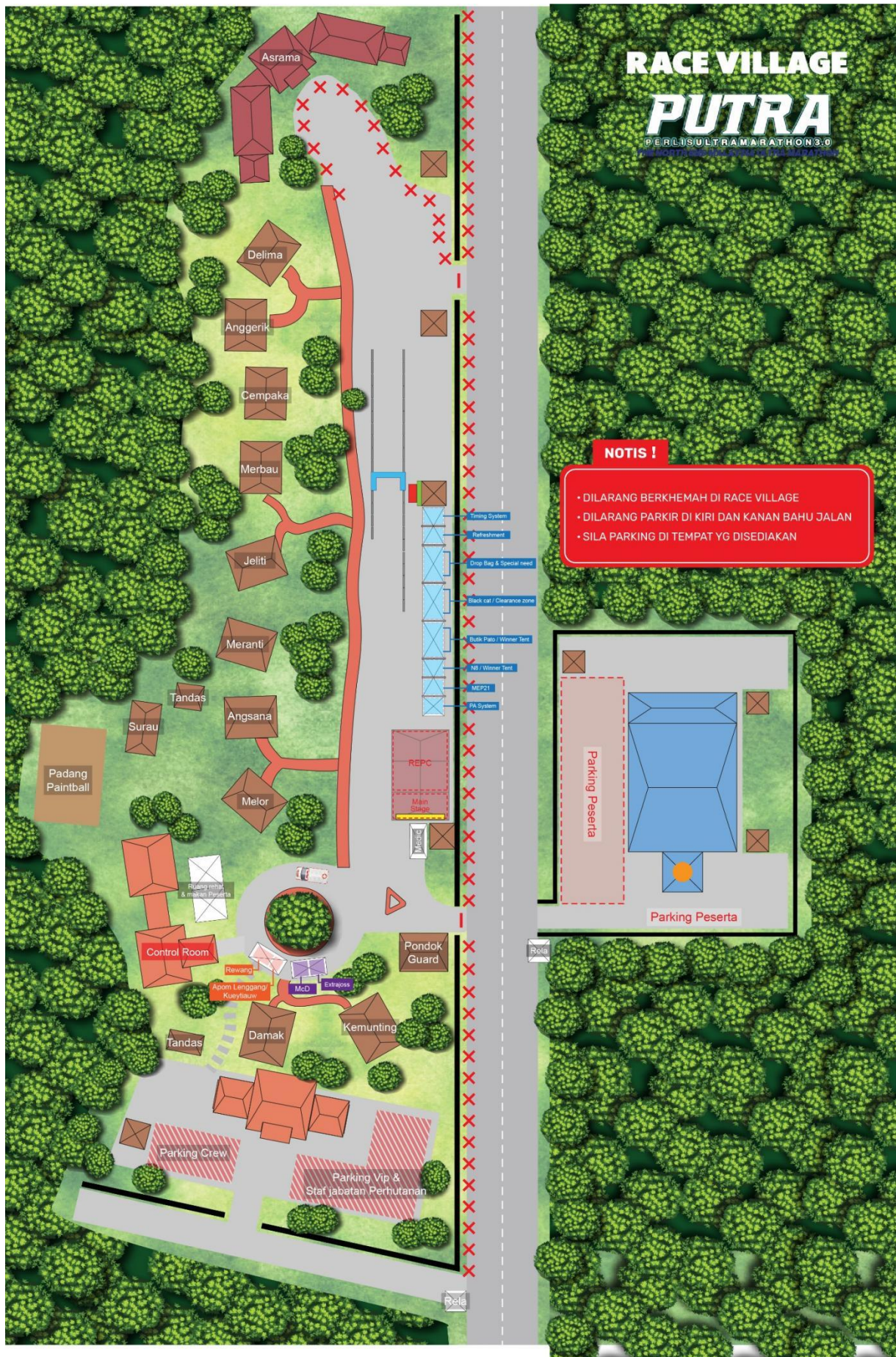
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**RACE PACK COLLECTION**  
**REPC**

**19 DECEMBER 2025 (FRIDAY)**  
**2.00 P.M. - 8.00 P.M.**  
**Bukit Air Resort, Sungai Batu Pahat, Perlis**



# LAYOUT RACE VILLAGE





## MANDATORY ITEMS

1. By entering the race, each runner undertakes to take with him/her all the mandatory items as listed below throughout the race.
2. Failure to do so will result in disqualification.
3. **Mandatory Items** (gear checks will be carried out on all runners before the race starts, and spot checks may be carried out along the route during the race and at the finish line).

Mandatory Items	100 km	50 km	21 km	Penalty
Headlamp (Minimum 100 Lumens)	✓	✓	✓	DQ
Blinker	✓	✓	✓	DQ
Basic First Aid	✓	✓	RC	30 Mins.
Hydration System (Minimum 500 MI)	✗	✗	✓	DQ
Hydration System (Minimum 1000 MI)	✓	✓	✗	DQ
Reflector Vest	✓	✓	✓	DQ
Cup	✓	✓	✓	30 Mins.
Bowl	✓	✓	✓	30 Mins.
Spare Batteries Or Spare Headlamp	✓	RC	RC	30 Mins.
Mobile Phone (Fully Functional)	✓	✓	✓	DQ
NRIC Or Passport (Original/Digital Copy)	✓	✓	✓	DQ
Emergency Blanket	RC	RC	✗	-
Whistle	RC	RC	RC	-
Cap/Buf/Sunglasses	RC	RC	✗	-
Cash Money	RC	RC	✗	-
Energy Gel	RC	RC	RC	-

### Legends:

✓	Mandatory
RC	Recommended
✗	Not mandatory

### Note:

- 100 km, 50 km and 21 km: Mandatory items **WILL NOT** be checked during Race Entry Pack Collection (REPC) but randomly during the event and compulsory at the finish line. Representatives are **NOT ALLOWED**.
- Mandatory items will be checked randomly at the check point and **A MUST** at the finish line.

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# 21 KM

## MANDATORY ITEM



**HEADLAMP**  
(MINIMUM 100 LUMENS)



**BLINKER**



**HYDRATION SYSTEM**  
500 ML



**REFLECTOR**  
VEST



**CUP**



**BOWL**



**PHONE**  
(FULLY FUNCTIONAL)



**NRIC/ PASSPORT**  
(ORIGINAL/DIGITAL COPY)

## RECOMMENDED ITEM



**BASIC FIRST AID**



**WHISTLE**



**SPARE BATTERIES**  
(HEADLAMP)



**ENERGY GEL**

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# 50 KM

## MANDATORY ITEM



**HEADLAMP**  
(MINIMUM 100 LUMENS)



**BLINKER**



**BASIC FIRST AID**



**HYDRATION SYSTEM**  
1000 ML



**REFLECTOR VEST**



**CUP**



**BOWL**

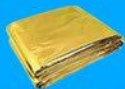


**PHONE**  
(FULLY FUNCTIONAL)



**NRIC/ PASSPORT**  
(ORIGINAL/DIGITAL COPY)

## RECOMMENDED ITEM



**EMERGENCY BLANKET**



**WHISTLE**



**SPARE BATTERIES**  
(HEADLAMP)



**CAP/ BUFF/ SUNGLASSES**



**CASH MONEY**



**ENERGY GEL**



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# 100 KM

## MANDATORY ITEM



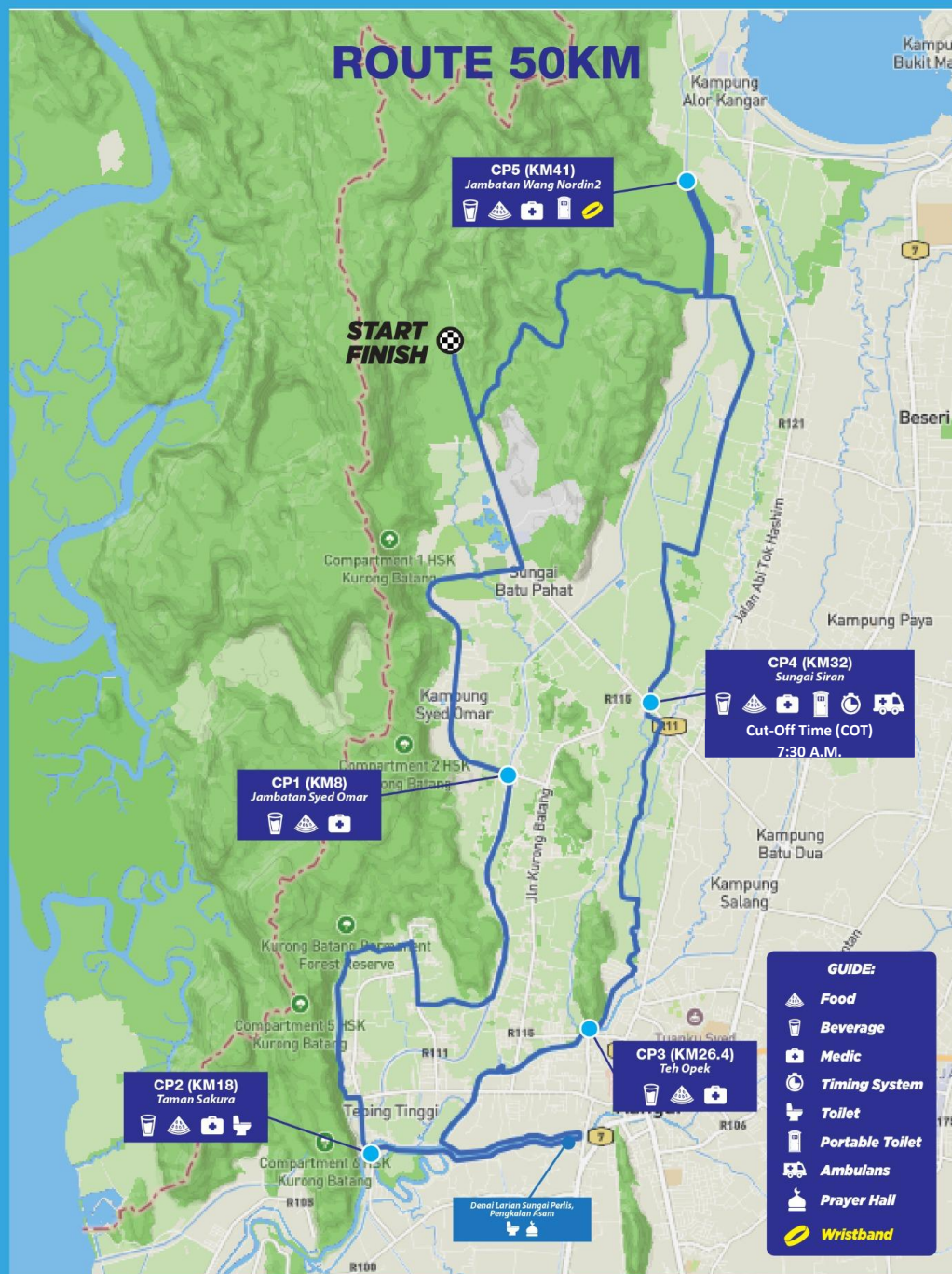
## RECOMMENDED ITEM



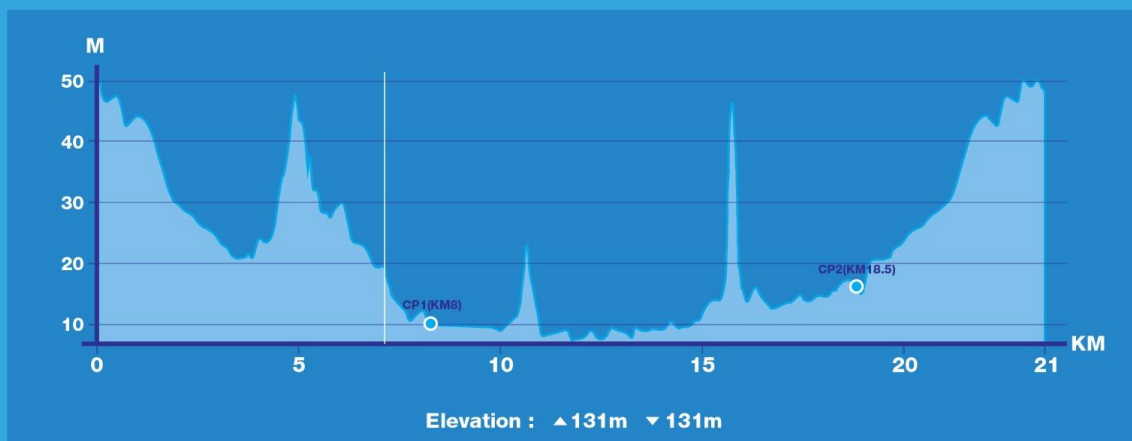
## DISTANCE DETAILS

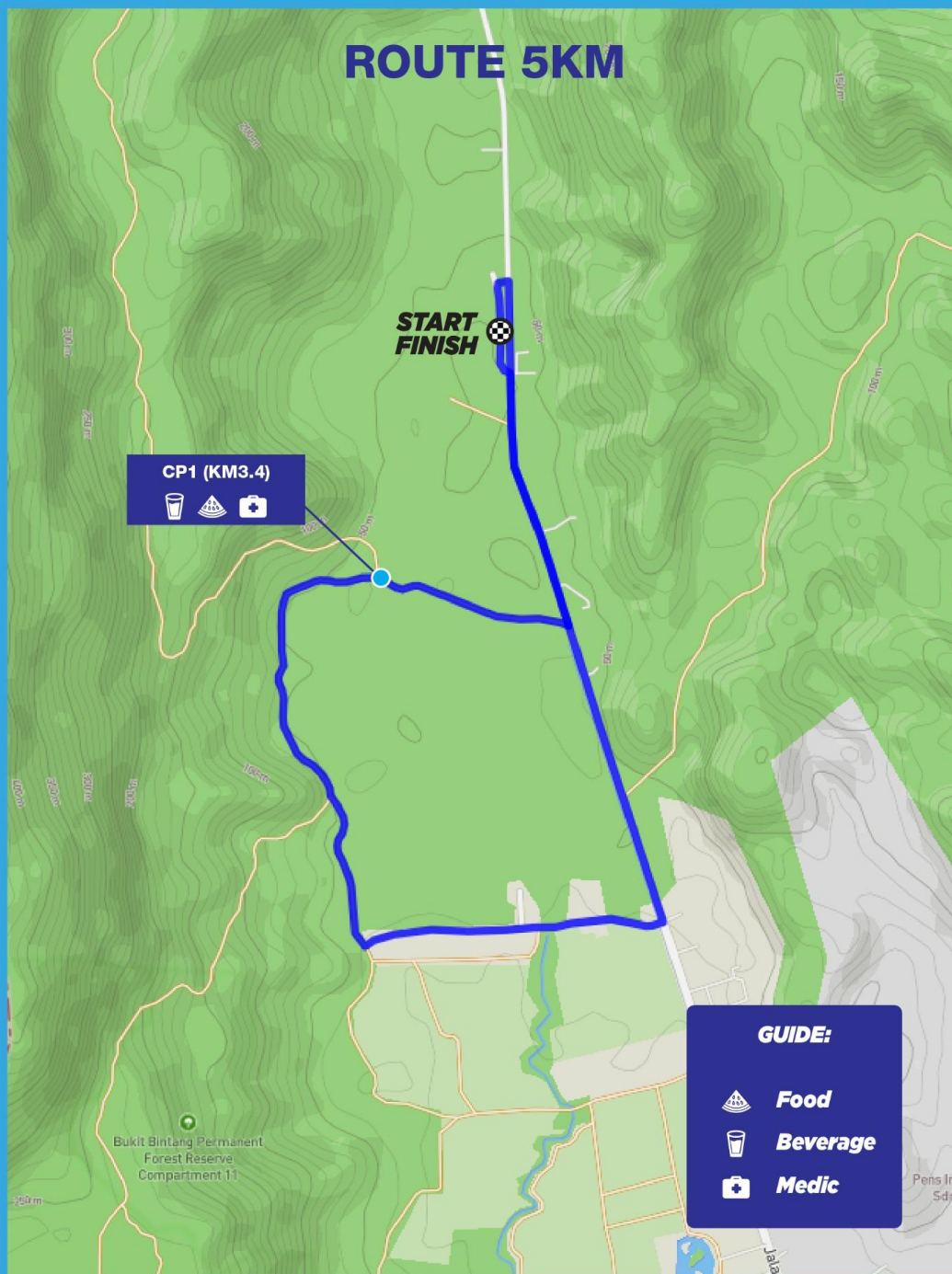












## WINNER'S VERIFICATION

1. All potential winners must check in at the clearance zone tent for verification, at least 30 minutes after finish the race.
2. Potential winners will be verified by a jury, with the right to reject or disqualify any potential winner carrying invalid or fake documentation.

All potential winners must present the documents below during verification :

- **ORIGINAL/DIGITAL COPY** passport or NRIC
  - **ORIGINAL** Bib
  - Potential winner Tag
  - Complete Mandatory Items
3. The winner of each category will be the runner that takes the shortest time (Gun Time) to reach the finish point.
  4. To be awarded, runner must complete the overall race within the final cut-off time, using only the designated routes, without any regulation infringement and fulfilled the mandatory items requirement.
  5. The participant who arrive late more than 15 minutes from gun off time will be disqualified (DQ)



## RANKING AND PRIZES

Category	Position	100 KM	50 KM	21 KM
Men's A	1 <sup>st</sup> – 5 <sup>th</sup>	Trophy	Trophy	Trophy
Men's B				
Men's C	1 <sup>st</sup> Overall	RM 1,000 + Trophy	RM 800 + Trophy	RM 600 + Trophy
Men's D				
Men's E				
Women's A	2 <sup>nd</sup> Overall	RM 750 + Trophy	RM 500 + Trophy	RM 400 + Trophy
Women's B				
Women's C				
Women's D	3 <sup>rd</sup> Overall	RM 450 + Trophy	RM 300 + Trophy	RM 200 + Trophy
Women's E				

## RUNNERS' ENTITLEMENTS & SERVICES

ITEM	100 KM	50 KM	21 KM	5 KM
EVENT T-SHIRT	✓	✓	✓	✓
FINISHER T-SHIRT	✓	✓	✓	-
FINISHER MEDAL	✓	✓	✓	✓
FINISHER SPECIAL GIFT	✓	-	-	-
BIB NUMBER	✓	✓	✓	✓
TIMING CHIP	✓	✓	✓	-
FOOD AND REFRESHMENTS	✓	✓	✓	✓
KENDURI KAMPUNG	✓	✓	✓	✓
INSURANCE	✓	✓	✓	✓
E-CERTIFICATE	✓	✓	✓	✓
RESULT	✓	✓	✓	-
WINNER'S TROPHY (1 <sup>ST</sup> - 5 <sup>TH</sup> ) – MEN'S AND WOMEN'S	✓	✓	✓	-
CASH REWARD OVERALL (1 <sup>ST</sup> – 3 <sup>RD</sup> ) – MEN'S AND WOMEN'S	✓	✓	✓	-
LUCKY DRAW	-	-	-	✓

### EVENT TEE & FINISHER TEE



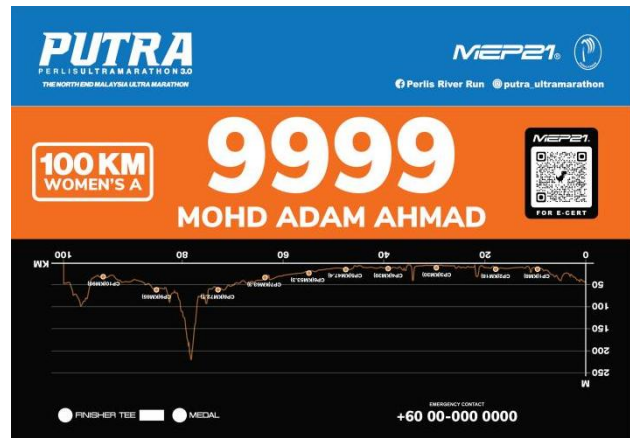
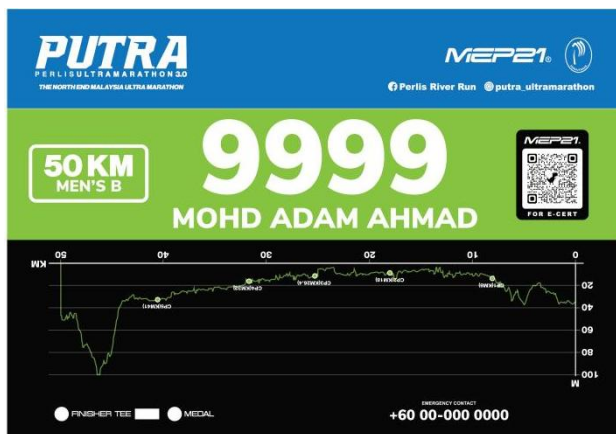
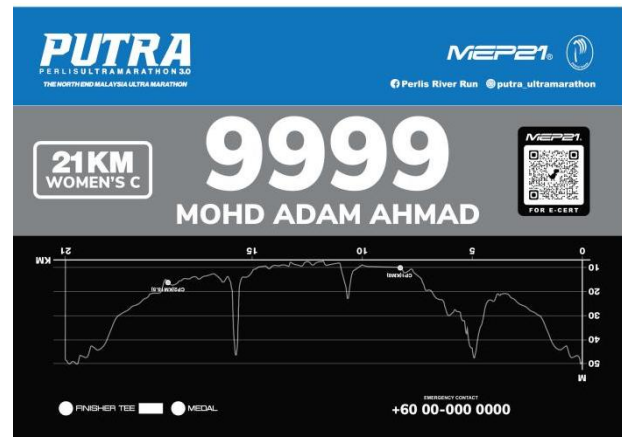
### MEDAL FINISHER



## BIBS

All bibs are colour coded, indicating the category you are registered in. You must run in the category you are registered in.

- Bibs are strictly not transferable nor exchangeable.
- The timing chip is attached to the back of your bib.
- Do not fold or remove the timing chip from your bib.
- If you do not run in your registered race category, your time will not be registered, resulting in automatic disqualification and you will not receive a Finisher's medal or Certificate of Achievement.





## GENERAL FACTS

### Checkpoints/Water Stations

1. Timing may be recorded at the checkpoints/water station points by the organizers.
2. Only runners with bib number will have access to the water station.
3. Drinking cups and utensils will **NOT BE PROVIDED**. Rules states it is mandatory for runners to carry along their own cup and utensil during the race.
4. The downloaded route map will contain accurate indications of the water station points.
5. The organizers reserve the rights to carry out mandatory item checks at any of the checkpoints and other unspecified points along the route during the race.

### Racecourse Markers

1. The racecourse will be marked with reflective tapes and signs along the course and at major junctions.
2. GPX files will be made available for download 14 days before race day.
3. Runners must follow the directions given by the race organizer during the race briefing.

### Safety and Medical Assistance

1. In order to ensure race safety, race organizer will prepare and arrange for rescue and medical assistant during the race. However, participant must understand that the risk of injuries or accident associated with Ultra running. Runners are participating in this race with their own risk.
2. Medical aid will be available at a few designated water station or checkpoint.
3. The official race medical assistant are authorized to withdraw any runner deemed unfit to continue the competition. The runner bib will be removed as a part of the DNF (Did Not Finish) procedures.
4. In case of emergency, if you are unable to reach the race headquarters, you can also call the public emergency number "999" directly for assistant.
5. The race organizer reserve the right to implement any additional measures at any time to enhance and protect the race and the runner safety before the race and during the race.

## GENERAL FACTS

### Prohibited Actions

1. Not carrying the mandatory items during the race.
2. Taking shortcuts and/or running off the track.
3. Throwing garbage along the running route.
4. Cheating (using other means of transportation or substitute runners and other unlawful actions).
5. Not abiding by the rules and regulations and official instructions given by the race organizer and their officially appointed staff and crews.
6. Not wearing the race bib at all times during the race.
7. Doping and the use of prohibited drugs.
8. Any rules infringement may incur time penalties or disqualification (DQ). Any such penalties are at the organizer's discretion and are final.

### DNF (Did Not Finish) Procedures

1. Runners may DNF voluntarily or by missing the stipulated cut-off times at various checkpoints along the race course. (If any)
2. Runners who decide to pull out voluntarily must proceed to the nearest checkpoint, inform and register with the race marshal and their bib will be marked to indicate their DNF status.
3. Runners who fail to arrive at the checkpoints within the stipulated cut-off times (if any) will not be allowed to continue running in the race. His/her bib will be specially marked, and a DNF Form will need to be signed.
4. Runners who fail to notify the organizers immediately of their voluntary DNF, thereby setting in motion a search and rescue operations by the rescue staff, will be liable to pay for any costs incurred.
5. Runners who have DNF status from the race are not allowed to continue their run. If they insist on continuing running, they are NO LONGER in this event, and will be running entirely on their own accord and at their own risk.
6. The DNF runners should rest at a bright, safe place with sufficient phone coverage while waiting for a non-scheduled assistance to assist them back to event village.
7. If a runner is unable to move on their own, please contact the emergency number '999' or the race headquarters to seek for assistance.

### Image Rights

Each participant expressly foregoes his/her image rights for the photos taken for the duration of the race, and undertakes not to take any action against the organizers and their authorized partners for the use of his/her image.

## GENERAL FACTS

### Route, Deadlines Changes and Race Cancellation

1. The organizers reserve the right with rightful responsibility to:
  - Postpone the race date or
  - Provide refund option or
  - Schedule a new date with automatic entry slot transfer.
2. In the event of poor weather conditions and/or for safety reasons, the organizers reserve the rights without prior notice to suspend the race or to make changes to the cut-off times.
3. In the event of adverse weather conditions, the starting time may be postponed for 5 hours at most, after which time the race will be cancelled.
4. Where necessary, the organizers reserve the right to make changes to or eliminate certain stretches of the route.

### Additional Rules

1. The organizer reserves the right to limit, accept or reject any entries without prior notice and reasons.
2. The organizer reserves the right to close entries before the deadline without any notice or when the participants quota reaches its limit.
3. Successful participants MUST collect their Race Kit (Bib & T-shirt) in person or via an authorized person by presenting the copy of Official Receipt or identity card or passport at a date and time given for REPC. The date and time will be announced soon.
4. Those who are found running with an unauthorized race number/bib will be disqualified, and the entry fees is not refundable.
5. The Organizer reserves the right to disqualify any person who gives incorrect personal data/details on the entry form, or who is suspected of having taken illegal substances. Entry fees will not be refunded.
6. Participants who do not start according to the run time assigned to them by the Organizer are not entitled to the race results.
7. The Organizer's decision in any matter related to the event shall be binding and final. Any request for appeals and reviews are not allowed.
8. The organizer and its representatives shall not be held responsible for injury, death, damage, loss, delay, expense incurred or inconveniences caused before, during or after the run.
9. Should the event be cancelled or postponed due to circumstances beyond the control of the organizer (including heavy rain, natural disaster, national security interest, etc.), no refund of the entry fee will be made and the organizer shall have no further responsibility and/or liability thereafter.
10. The organizer reserves the right to disallow/disqualify any person who is known or suspected to be physically unfit to participate in the event. The organizer may perform drug test on any of the participants. The title shall be revoked if the winners fail to satisfy the drug test.



SPONSOR PARTNER



## ORGANIZER

**MEP21**



## SUPPORT BY



## SANCTIONED BY



## STRATEGIC PARTNER

