

PUTRA

PERLIS ULTRAMARATHON 2.0

TAMAN NEGERI WANG KELIAN, PERLIS
27 - 28 OCTOBER 2023

RUNNER'S GUIDE BOOK

SPONSOR BY



PUTRA putra_ultramarathon

Info & Registration: www.mep21-online.com

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It gives me great pleasure to welcome you to the Perlis Ultra Marathon 2.0 2023, along with the competitors, sponsors, partners, spectators, and volunteers. The Perlis Ultra Marathon 2022 was postponed owing to the pandemic, and Perlis Ultra Marathon 2.0 2023 is the follow-up to Perlis Ultra Marathon 2019.

The goal of PUTRA 2.0 is to give participants the finest outdoor experience possible so they can make unforgettable memories while running over the stunning limestone hills of Perlis, which is located at the northernmost tip of Malaysia.

We hope you enjoy this occasion, have a memorable voyage, a successful race, and may the best person win!

Welcome to Perlis and to PUTRA. We should #ChallengeYourself.

PUTRA
PERLIS ULTRAMARATHON 2.0

EVENT TENTATIVE

27 OCTOBER 2023
HOTEL PUTRA REGENCY, PERLIS

FRIDAY

3:00 PM

REPC OPEN
DOCUMENT CHECK OPEN
MANDATORY CHECK OPEN
DROP BAG OPEN
PROMOTION BOOTH OPEN

5:00 PM-7:00 PM

CULTURE PERFORMANCE

9:45 PM

REPC CLOSE
DOCUMENT CHECK CLOSE
MANDATORY CHECK CLOSE
DROP BAG CLOSE

EVENT SCHEDULE

PUTRA
PERLIS ULTRAMARATHON 2.0

EVENT TENTATIVE

28 OCTOBER 2023
TAMAN NEGERI WANG KELIAN, PERLIS

SATURDAY

12:01 AM	RACE VILLAGE OPEN
12:30 AM	75KM START GATE OPEN
1:00 AM	FLAG OFF 75KM
1:15 AM	START GATE CLOSE
2:30 AM	50 KM START GATE OPEN
3:00 AM	FLAG OFF 50KM
3:15 AM	START GATE CLOSE
6:30 AM	27 KM START GATE OPEN
7:00 AM	FLAG OFF 27KM
7:15 AM	CULTURE PERFORMANCE
7:15 AM	11KM HAPPY RUN START GATE OPEN
7:30 AM	FLAG OFF 11 KM HAPPY RUN
7:45 AM	START GATE CLOSE
8:00 AM	CULTURE PERFORMANCE
8:00 AM	2.5KM FUN WALK START GATE OPEN
8:15 AM	FLAG OFF 2.5KM FUN WALK
8:20 AM	START GATE CLOSE
9:00 AM	CULTURE PERFORMANCE -CP1 VIEWPOINT
10:00 AM	CULTURE PERFORMANCE -TAMAN NEGERI WANG KELIAN
10:30 AM	LUCKY DRAW 2.5KM, 11KM & BEST DRESS 11KM
11:00 AM	CULTURE PERFORMANCE
2:15 PM	CULTURE PERFORMANCE
3:30 PM	PRIZE GIVING CEREMONY 27KM, 50KM & 75KM
6:00 PM	RACE VILLAGE CLOSE

GUN OFF AND CUT OFF TIME

CATEGORY	GUN OFF TIME	CUT OFF TIME	HOURS
75KM	01:00 a.m.	17:00 p.m.	16 hours
50KM	03:00 a.m.	15:00 p.m.	12 hours
27 KM	07:00 a.m.	13:00 p.m.	6 hours
11 KM	07:30 a.m.	10:30 a.m.	3 hours
2.5 KM	08:15 a.m.	09:45 a.m.	1 hours 30 minutes

RACE ENTRY PACK COLLECTION (REPC)

DATE / TIME : 27 OCTOBER 2023

15:00 PM – 21:45 PM

CHINESE HALL, HOTEL PUTRA REGENCY, KANGAR, PERLIS

- ☐ Runner only need to present a soft copy of identification, conformation slip and indemnity form to collect their race kit.
- ☐ Runner must bring along their signed indemnity form together with their NRIC/ Passport. Failure to do so, **a fee RM 2.00 will be imposed for a new copy.**
- ☐ Mandatory item check will be done before issuing runner's bib.
- ☐ No unauthorized transfer of bib allowed and runner must run on their own bib number.
- ☐ Tempering with the race bib number in any way will result in disqualification.
- ☐ **NO** authorized race pack collection **for 75KM and 50KM**
- ☐ Indemnity form can download [here](#).
- ☐ For those who can't collection their race pack on the day can download and signed this authorization form. Download and print out Authorization Form [here](#).
- ☐ Participant who are under the age seventeen (17) years old on race day are required to submit a parental consents letter. Download and print out Parental Consents Letter [here](#).
- ☐ Participant who are not able to run due to work commitment/injury etc. You authorize someone else to just collect the Race pack for you with this DNS Authorization Form for DNS participant with Conformation Slip and a photocopy NRIC/ Passport. Download and print out DNS Authorization Form [here](#).

PUTRA
PERLIS ULTRA MARATHON 2.0

RACE KIT COLLECTION (REPC)

FRIDAY
27 OCTOBER 2023
CHINESE HALL, HOTEL PUTRA REGENCY,
KANGAR, PERLIS.
3.00PM - 9.45PM

*Peserta haruslah membawa salinan IC, confirmation slip dan indemnity form bagi mengambil kit perlumbaan.

*Wakil tidak dibenarkan bagi pengambilan kit perlumbaan untuk acara 50KM & 75KM.

*Untuk yang menjadi wakil kepada peserta bagi mengambil kit perlumbaan untuk 2.5KM, 11KM dan 27KM sila pastikan membawa salinan IC, Confirmation Slip, Indemnity Form dan **authorization form** yang telah ditandatangani oleh peserta.

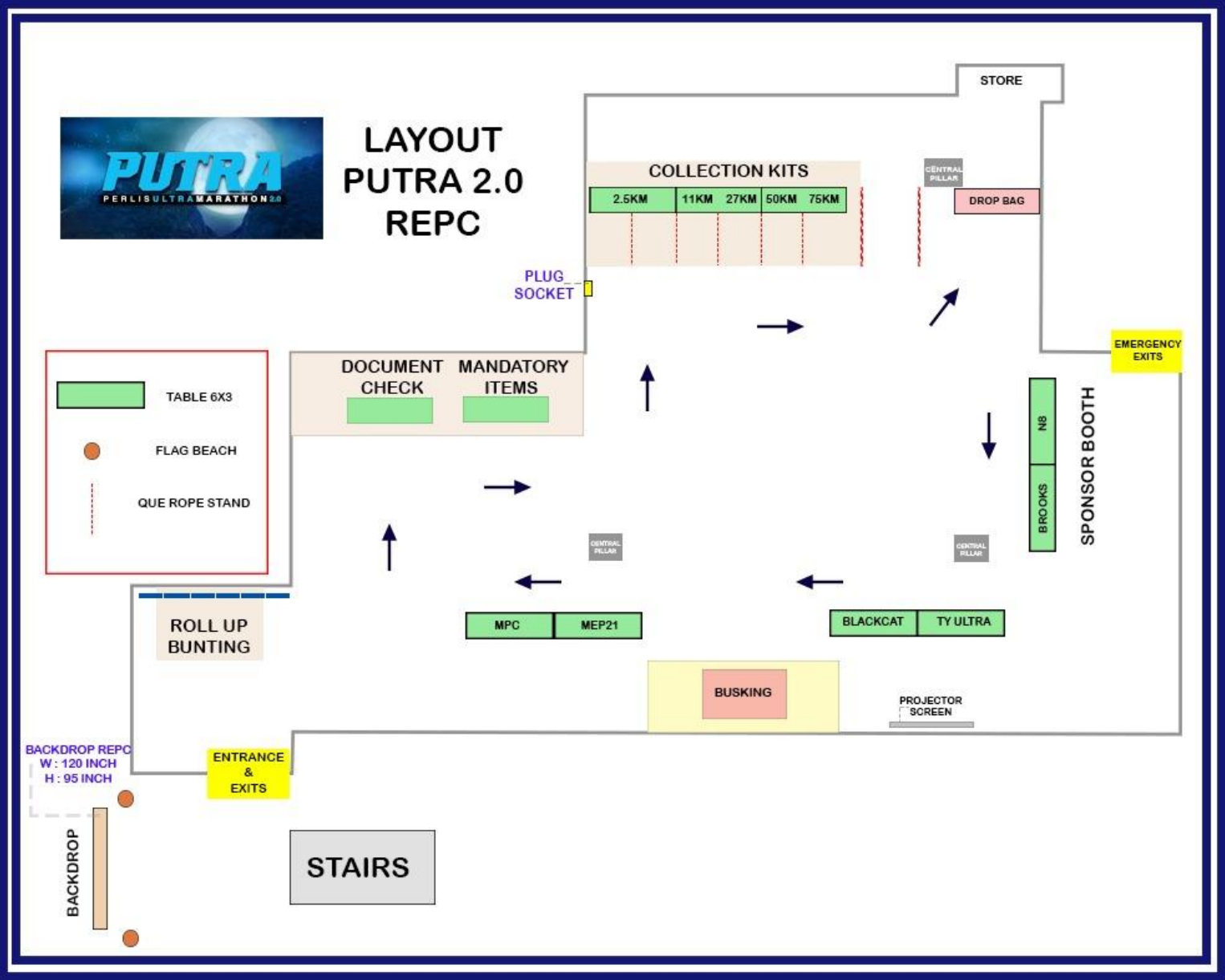
*Peserta bawah 17 tahun perlu isi surat kebenaran ibubapa sebelum memasuki acara.

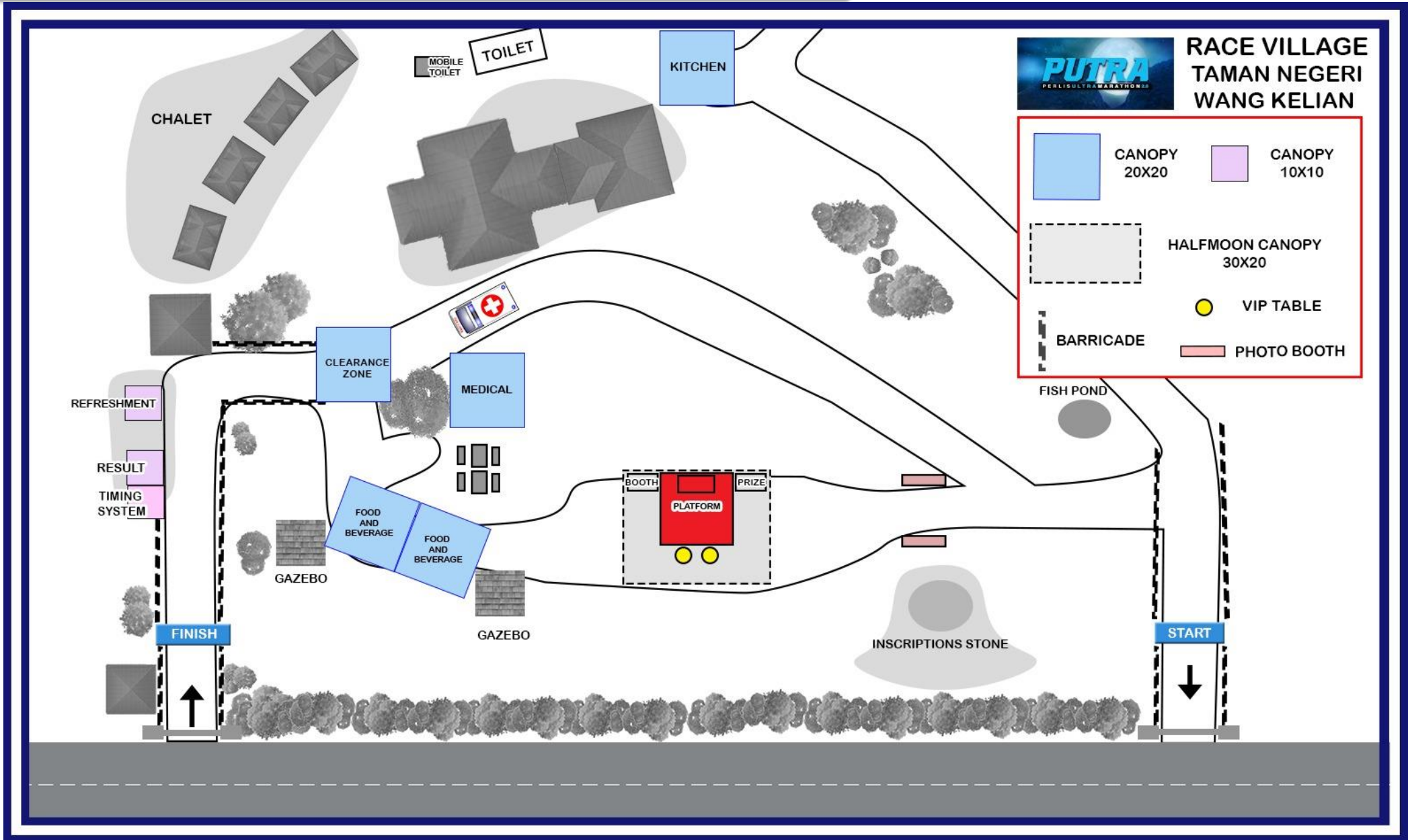
*Tiada pengambilan sebelum acara perlepasan pada 28 October 2023, Sabtu.

THE NORTH END MALAYSIA ULTRA MARATHON

CHINESE HALL, HOTEL PUTRA REGENCY , KANGAR PERLIS









SPECIAL NEED BAG SERVICE

Runners may utilize the service provided at the starting line by dropping off any bags that you will require post-race. Please check Race Village layout for the exact location. We advise for runners to not place any valuable items such as wallets, mandatory related items, key, or phone, as organizer will not be responsible for any inconvenience to bag contents (theft, damages, loss). All drop bags must be collected before 28 October 2023 11:00 a.m. at Checkpoint 3 Sungai lencongan barat and Checkpoint 5 at Taman Buah buahan Eksotik for 75 KM category.

DISTANCE & DIRECTIONAL MARKER

Markers will be placed at critical junctions and locations only. Runners are encourage to download available GPX files provided on the website MEP21 or print the route map for better navigation during the race. Route marshals would be deployed at designated locations (upon organizers' planning and discretion) along the course to facilitate the flow of the event.

CHECKPOINTS

There will be a tracking system installed along the race course to ensure the legitimacy of every runner's record on the course. Runners are required to run the official route and cross each and every timing mat for each category. Do note that F&B, and CP facilities may differ depending on your category. Refer to your category CP Facilities for more details

MEDICAL ASSISTANCE

Medical assistance is available at the starting line and all checkpoints. Appointed medical officials are within their rights to stop any runner from continuing the race and remove the bib number in the case of runner's safety is compromised or runner does not pass their health check. Should a runner be transported to the hospital for medical treatment, transportation back to the starting line or race village is on one's own responsibility. Any medical expenses incurred ought to be borne by runner themselves.

MANDATORY ITEMS

All participants are required to carry the mandatory items throughout the entire race course. Failure to adhere to this rule will incur penalty that could potentially lead to disqualification. Spot check may be conducted at any point along the course or at the finishing line. The result will be disqualified if the participants insufficient the mandatory item.

TIMING

All runner will be timed using the electronic timing system, manual result and bracelet timing at checkpoint Taman Buah buahan Eksotik .

TOILET

Toilets are available at Checkpoint 1 Wang Kelian View Point, Checkpoint 2 Masjid, Checkpoint 3 Sungai Lencongan Barat, Checkpoint 4 Kampung Nesam and Checkpoint 5 Taman Buah-Buahan Eksotik. Public toilet also available at Race Village can refer site layout race village.

PRAYER ROOM (SURAU)

The nearest mosque is located approximately 2.2KM from the race village. Prayer room is also available at Checkpoint 2 Masjid , Checkpoint Kampung Nesam and Checkpoint 5 Taman Buah-Buahan Eksotik.

MANDATORY ITEM

1. By entering the race, each runner undertakes to take with him/her all the mandatory item that as listed below throughout the race.
2. Mandatory check will be carried out during the race entry pack collection, sport check may be carried out along the route during the race and at the finish line.
3. Failure to adhere the mandatory items requirement will incur penalty leading to disqualification.

	2.5 KM	11 KM	27KM	50KM	75KM
Personal Cup	RC	√	√	√	√
Mobile Phone	RC	√	√	√	√
Spoon and Bowl	RC	RC	√	√	√
Hydration System (1000ml)	X	RC	√	√	√
Safety Vest	X	RC	√	√	√
Basic First Aid	X	RC	RC	√	√
Blinking Light	X	X	X	√	√
Headlamp	X	X	X	√	√
Buff/ Cap	X	RC	RC	RC	RC
Smartwatch	X	RC	RC	RC	RC
Energy Food/ Gel	X	X	RC	RC	RC
Whistle	X	X	RC	RC	RC
Sun UV block	X	RC	RC	RC	RC

75 KM COURSE

START/FINISH

Taman Negeri Wang Kelian,
Perlis

START DATE/TIME

Saturday 28 Oct 2023,
1.00 a.m. - 5.00 p.m.

ELEVATION GAIN

1080m

GPX FILE

[75KM](#)

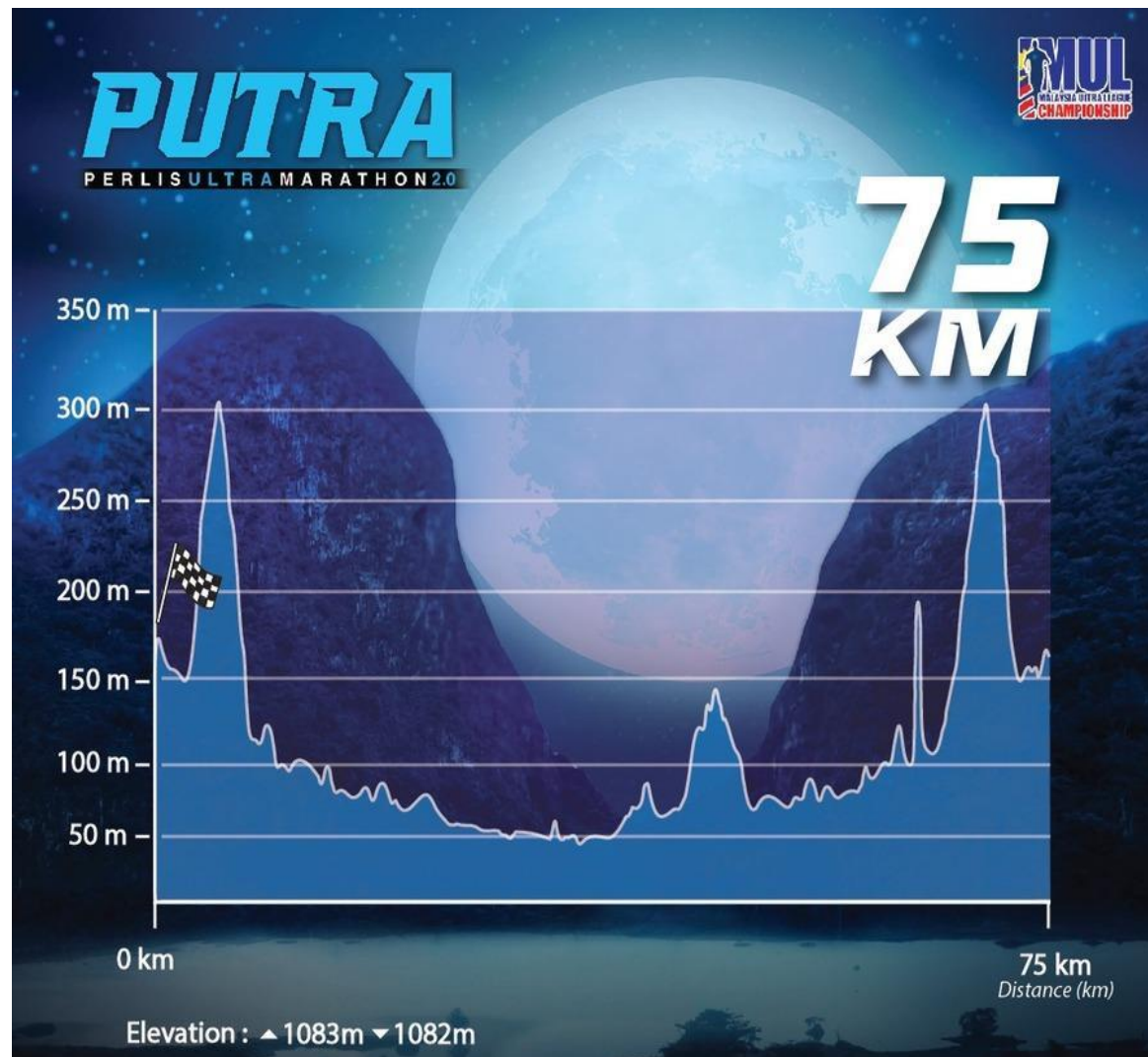
COT (CUT OF TIME) 75KM

COT 1 KM 24 5.5 hour
(CP3)

COT 2 KM 49 10.0hour
(CP6)

Distance	Point	Location	Cut Off Time From START	Special Need Bag	
0 KM	Start	Race Village @ Perlis State Park	28 OCT 2023 1:00 a.m	NO	
5.5 KM	CP 1	Wang Kelian View Point		NO	    
12.3 KM	CP 2	Masjid Jabal Al A' Ala		NO	     
23.7 KM	CP 3	Sungai Lencongan Barat	COT 16: 30 a.m	YES	      COT
37.5 KM	CP 4	Kampung Nesam		NO	    
44.1 KM	CP 5	Taman Buah-Buahan Eksotik		YES	      
51.1 KM	CP 6	Sungai Lencongan Barat	COT 2 11:00 a.m	NO	     COT
62.6 KM	CP 7	Masjid Jabal Al A' Ala		NO	    
70.6 KM	CP 8	Wang Kelian View Point		NO	   
75 KM	Finish	Race Village @ Perlis State Park	28 OCT 2023 5:00 p.m	NO	     

75 KM COURSE



MANDATORY ITEMS 50KM & 75KM



www.mep21-online.com

75 KM COURSE

JARAK RACE VILLAGE KE SETIAP CHECKPOINT

START	0 KM
CHECKPOINT 1 VIEW POINT WANG KELIAN	5.5 KM
CHECKPOINT 2 MASJID KAKI BUKIT	12.3 KM
CHECKPOINT 3 SUNGAI LENCONGAN BARAT	23.7 KM
CHECKPOINT 4 KAMPUNG NESAM	37.5 KM
CHECKPOINT 5 TAMAN BUAH BUAHAN EKSOTIK	44.1 KM
CHECKPOINT 6 SUNGAI LENCONGAN BARAT	51.1 KM
CHECKPOINT 7 MASJID KAKI BUKIT	62.6 KM
CHECKPOINT 8 VIEW POINT WANG KELIAN	70.6 KM
FINISH	75KM

GPX LINK !!

https://www.google.com/maps/d/edit?mid=1DD3zjyU2cmtqDoY_Qqa3VS1adBjekfw&usp=sharing



50 KM COURSE

START/FINISH

Taman Negeri Wang Kelian,
Perlis

START DATE/TIME

Saturday 28 Oct 2023,
3.00 a.m. - 3.00 p.m.

ELEVATION GAIN

872m

GPX FILE

[50KM](#)

COT (CUT OF TIME)
50KM

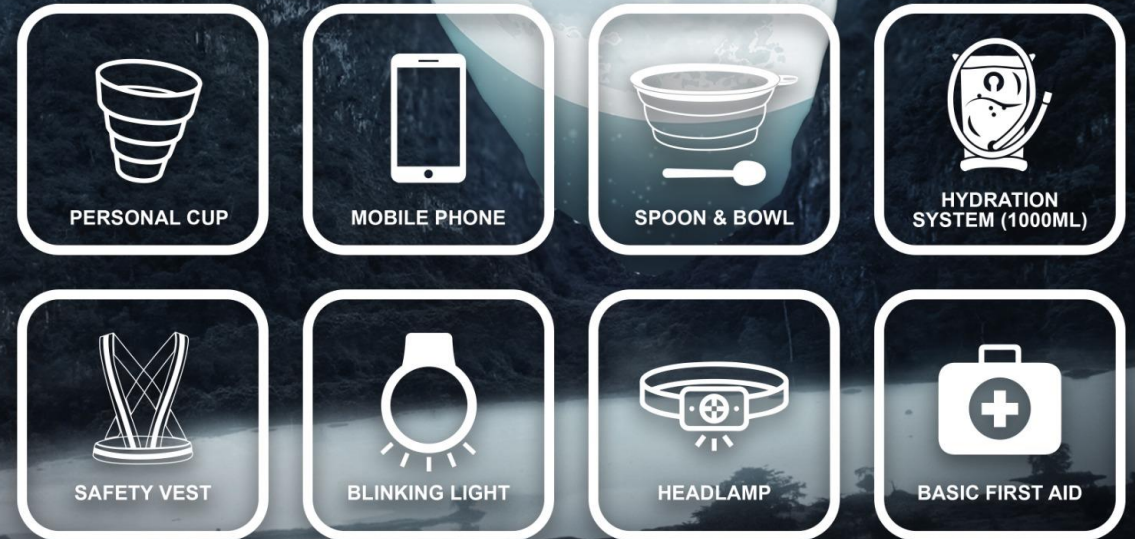
COT KM24 5.5 hour (CP3)

Distance	Point	Location	Cut Off Time From START	Special Need Bag	
0 KM	Start	Race Village @ Perlis State Park	28 OCT 2023 3:00a.m.	NO	
5.5 KM	CP 1	Wang Kelian View Point		NO	     
12.3 KM	CP 2	Masjid Jabal Al A' Ala		NO	       
23.7 KM	CP 3	Sungai Lencongan Barat	8 : 30 a.m	YES	      COT
35.2 KM	CP 4	Masjid Jabal Al A' Ala		NO	     
44.5 KM	CP 5	Wang Kelian View Point		NO	    
50 KM	Finish	Race Village @ Perlis State Park	28 OCT 2023 3:00 p.m	NO	      

50 KM COURSE



MANDATORY ITEMS 50KM & 75KM



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50 KM COURSE

JARAK RACE VILLAGE KE SETIAP CHECKPOINT

START	0 KM
CHECKPOINT 1 VIEW POINT WANG KELIAN	5.5 KM
CHECKPOINT 2 MASJID KAKI BUKIT	12.3 KM
CHECKPOINT 3 SUNGAI LENCONGAN BARAT	23.7 KM
CHECKPOINT 4 MAJID KAKI BUKIT	35.2 KM
CHECKPOINT 5 VIEW POINT WANG KELIAN	44.5 KM
FINISH	50 KM

GPX LINK !!

<https://www.google.com/maps/d/edit?mid=1BceMtrhBtcNUiLYV5o2J08B9JFeFvck&usp=sharing>



27 KM COURSE

START/FINISH

Taman Negeri Wang Kelian,
Perlis

START DATE/TIME

Saturday 28 Oct 2023,
7.00 a.m. - 1.00 p.m.

ELEVATION GAIN

736m

GPX FILE

[27 KM](#)

Distance	Point	Location	Cut Off Time From START	Special Need Bag	
0 KM	Start	Race Village @ Perlis State Park	28 OCT 2023 7:00 a.m.	NO	
5.5 KM	CP 1	Wang Kelian View Point		NO	
12.3 KM	CP 2	Masjid Jabal Al A' Ala		NO	
20.3 KM	CP 3	Wang Kelian View Point		NO	
27 KM	Finish	Race Village @ Perlis State Park	28 OCT 2023 1:00 p.m	NO	



MANDATORY ITEMS 27KM



www.mep21-online.com

27 KM COURSE

JARAK RACE VILLAGE KE SETIAP CHECKPOINT

START	0 KM
CHECKPOINT 1 VIEW POINT WANG KELIAN	5.5 KM
CHECKPOINT 2 MASJID KAKI BUKIT	12.3 KM
CHECKPOINT 3 VIEW POINT WANG KELIAN	20.3 KM
FINISH	27 KM

GPX LINK !!

https://www.google.com/maps/d/edit?mid=16fyxFhJ2L_oaDI-UWh_DvnmsOXYyA88&usp=sharing



11 KM COURSE

START/FINISH

Taman Negeri Wang Kelian, Perlis

START DATE/TIME

Saturday 28 Oct 2023,
7.30 a.m. - 10.30 a.m.

ELEVATION GAIN

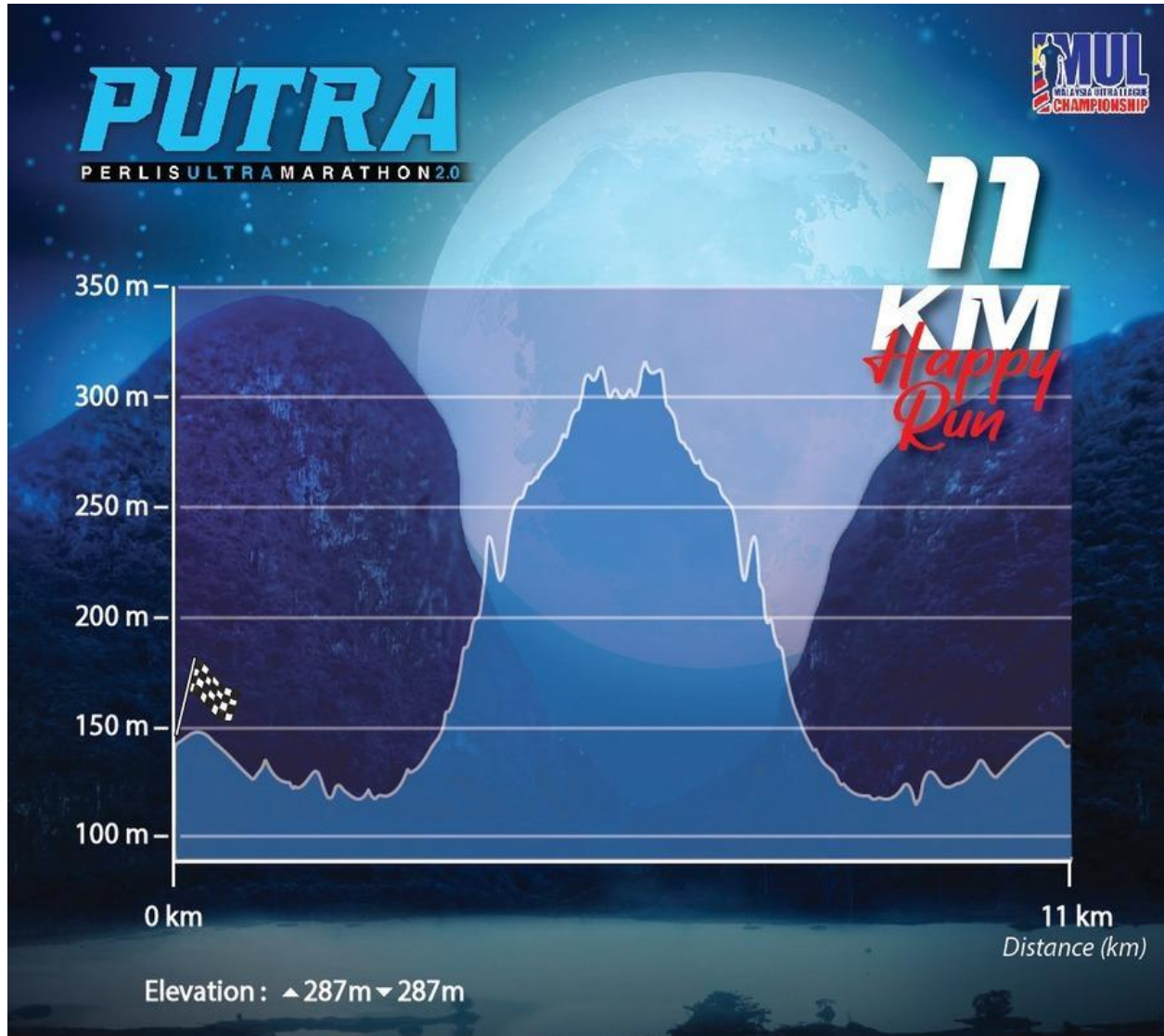
287M

GPX FILE

[11KM](#)

Distance	Point	Location	Cut Off Time From START	Special Need Bag	
0 KM	Start	Race Village @ Perlis State Park	28 OCT 2023 7:30 a.m.	NO	
5.6 KM	CP 1	Wang Kelian View Point		NO	    
11 KM	Finish	Race Village @ Perlis State Park	28 OCT 2023 10:30 a.m	NO	     

11 KM COURSE



MANDATORY ITEMS 11KM



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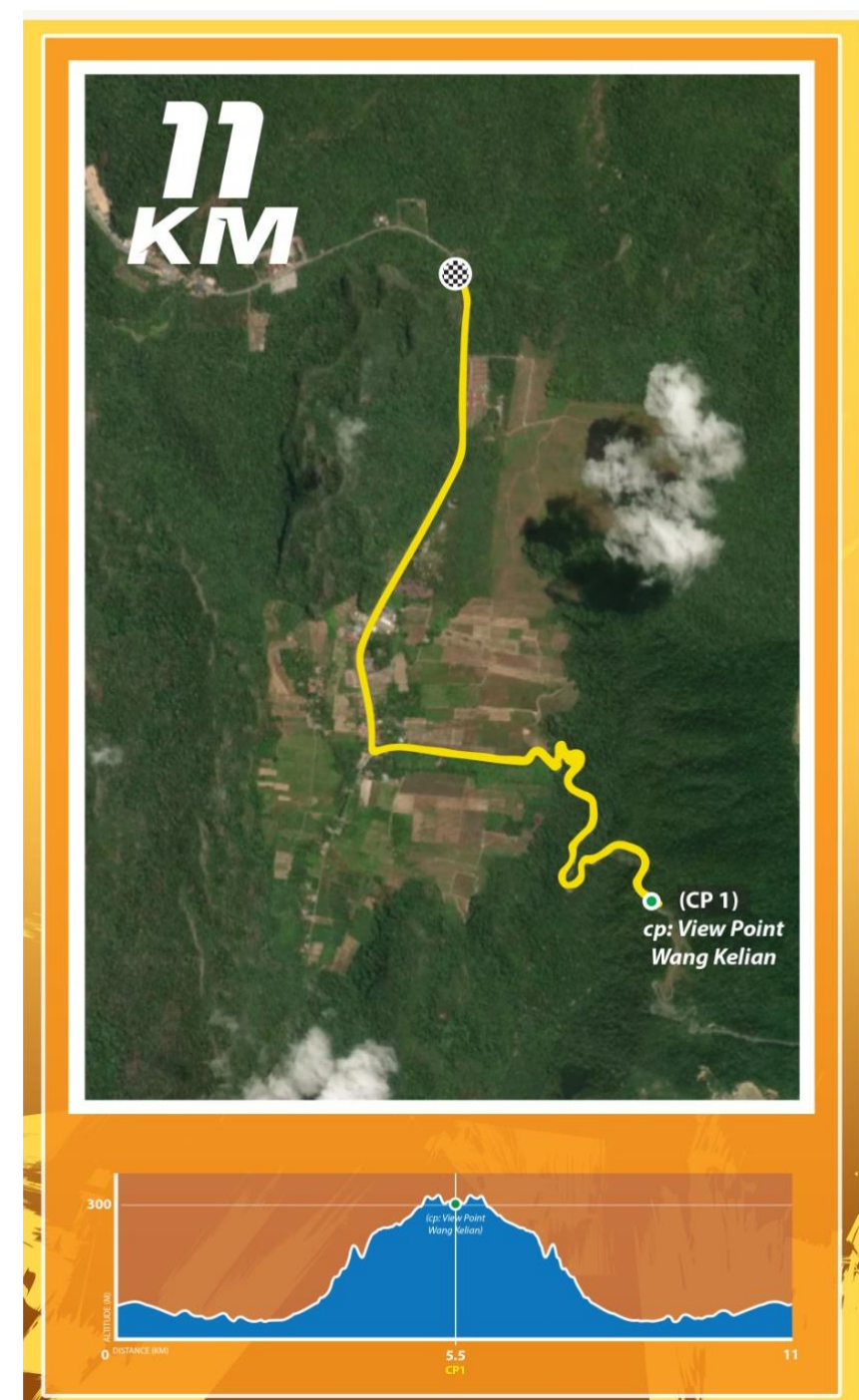
11 KM COURSE

JARAK RACE VILLAGE KE SETIAP CHECKPOINT

START	0 KM
CHECKPOINT 1 VIEW POINT WANG KELIAN	5.5 KM
FINISH	11 KM

GPX LINK !!

https://www.google.com/maps/d/edit?mid=1zL7MO2oYXr2qeKFVfl_fGB-qT8pdxc4&usp=sharing



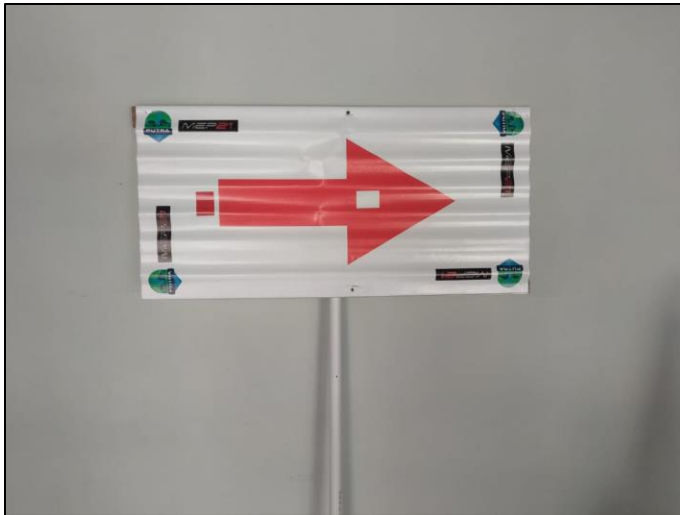
2.5 KM COURSE

ROUTE PROFILE

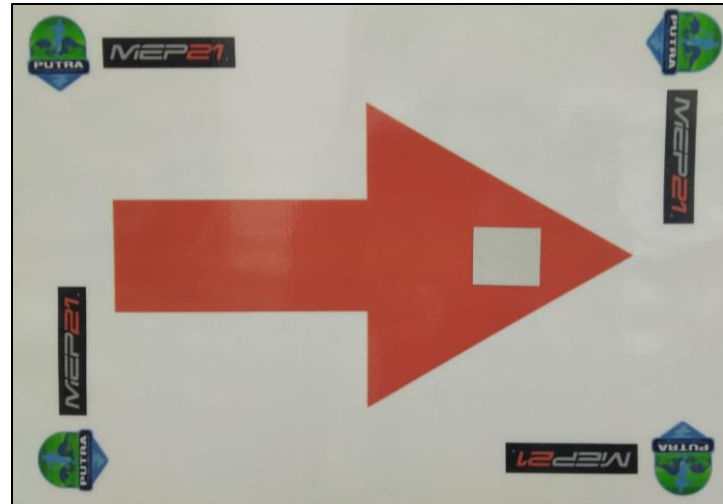


Elevation: ▲14m ▼12m

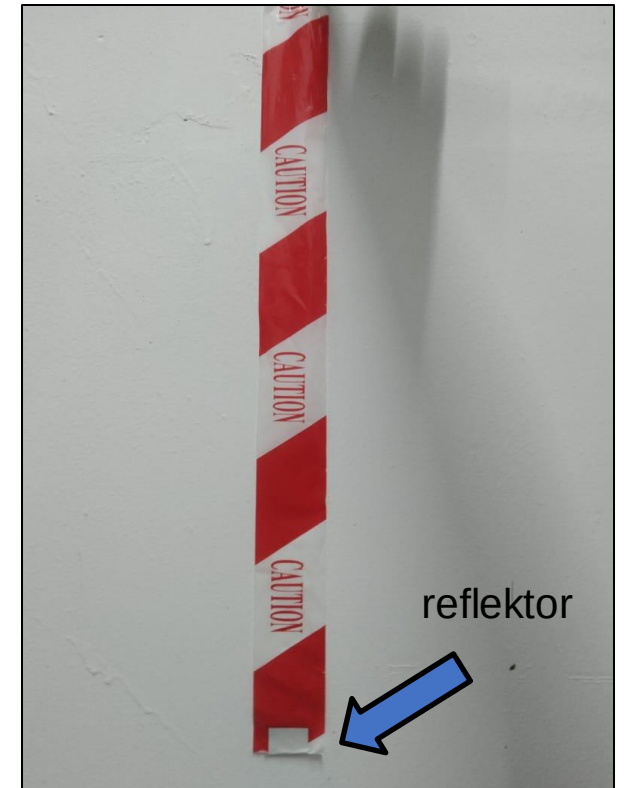
1. Signage 2x1 with pipe at route



2. The trail is marked with (arrow) red signage liminate A4 .



3. On some routes , there is caution tape with reflektor as a marker.



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THE NORTH END MALAYSIA ULTRA MARATHON

WANG KELIAN VIEW POINT

11 KM - CP 1
27 KM - CP 1 & CP 3
50 KM - CP 1 & CP 5
75 KM - CP 1 & CP 8







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THE NORTH END MALAYSIA ULTRA MARATHON

**MASJID JABAL AL A'ALA
KAKI BUKIT**

27 KM - CP 2
50 KM - CP 2 & CP 4
75 KM - CP 2 & CP 7








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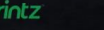

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THE NORTH END MALAYSIA ULTRA MARATHON

SUNGAI LENCONGAN BARAT

50 KM - CP 3

75 KM - CP 3 & CP 6


SPECIAL NEED

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THE NORTH END MALAYSIA ULTRA MARATHON

KAMPUNG NESAM

75 KM - CP 4



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THE NORTH END MALAYSIA ULTRA MARATHON

TAMAN BUAH BUAHAN EKSOTIK

75 KM - CP 5



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MANDATORY ITEM



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TEAM SWEEPER PUTRA 2.0



RUNNER'S ENTERTAINMENT

ITEM	75KM	50KM	27KM	11KM	2.5KM
Event t-shirt	√	√	√	√	√
Finisher t-shirt	√	√	√	√	×
Finisher Cap	√	×	×	×	×
Finisher medal	√	√	√	√	√
Winner plaque (1 st - 10 th)	√	√	√	×	×
Winner cash reward (1 st - 3 rd)	√	√	√	×	×
Food and refreshment	√	√	√	√	√
Insurance	√	√	√	√	√
Bib number	√	√	√	√	√
Timing chip	√	√	√	×	×
E-certificate	√	√	√	√	√
Result	√	√	√	×	×



OFFICIALLY EVENT T-SHIRT

11 KM FINISHER T-SHIRT



27 KM FINISHER T-SHIRT

50 KM FINISHER T-SHIRT



75 KM FINISHER T-SHIRT

FINISHER MEDAL

PUTRA

PERLIS ULTRAMARATHON 2.0

27-28 OCT 2023

TAMAN NEGERI WANG KELIAN PERLIS MALAYSIA

PUTRA 2.0 IN THE NORTHERNMOST TIP OF MALAYSIA